

Navigating the Rapids: Power, Culture, and Difference in EFT

Feb 17, 23, Mar 8, from 9-1pm PST, 11 CEUs



Nalini Calamur, LMFT



Jay Seiff-Haron, Psy.D



Ayanna Abrams, Psy.D



Vagdavi Meunier, Psy.D



Yamilka Urquiza, Psy.D.

[EFT Lifeline](#) is excited to again offer our synthesis of power, culture and difference in EFT. Sue Johnson has said that EFT is what would have happened if Sal Minuchin and Carl Rogers sat down with John Bowlby for tea. We wondered how EFT would have developed had Maya Angelou, James Baldwin, Cesar Chavez, Thich Nhat Hanh, and Carolyn Attneave also been invited to tea.

In this series of mornings, we will describe how extradyadic factors like culture, oppression, and power show up in couples' cycles; demonstrate how we formulate and intervene within an EFT framework; and practice how to increase safety, security, attunement, and accountability in EFT.

Training Dates:

[Thursday, Feb 17](#)

[Wednesday, Feb 23](#)

[Tuesday, Mar 8](#)

[All modules 9am -1pm PST / 12-4pm EST](#)

Price: [\\$325 \(\\$275 Early Bird through Jan 10\)](#)

Location: [Online](#)

CEU's: [11 continuing education units, including for psychologists](#)

Click [here](#) to register. For more information for this and other training opportunities, please see <http://eft-lifeline.com/trainings/>. A portion of the proceeds from all of our trainings is used to create scholarships (for externships, core skills, and supervision) to increase representation of historically and contemporaneously excluded populations in our field.

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Don't miss these other exciting upcoming opportunities, with apologies if we have missed anyone and please let us know!

PEFT: Context, Culture and Community: Conversations on Race, Culture, Gender, Sexuality, and Power
Next monthly date: Jan 12, 9am-10:30am (PST) with Dr. Zoya Simakhodskaya, Dr. Ady Ben-Israel, and Nalini Calamur, LMFT

<https://pceft.com/event/ccc/>

CCEFT: Multicultural Faux Pas in EFT: The Benefits of Being Aware of Cultural Differences

Dr. Mary Hinson & Tanisha James, LCSW, LCASA

Jan 21-22, 10am – 1pm (EST)

<https://www.carolinaeft.com/training/multi-cultural-faux-pas-in-eft-the-cost-of-being-unaware-of-cultural-differences/>

NCCEFT: Okay, Context Is A Thing, Now What? The Power of Naming the System's Moves in EFT

The Power of Naming The System's Moves in EFT

Jan 29, 10am – 1pm (PST), Nalini Calamur, LMFT and Dr. Jay Seiff-Haron

<https://www.ncceft.com/event-4620431>

Raha Foundation: International Conference on A Cultural Lens in Therapy

March 4-5, 8am - 1pm (PST), sundry speakers

<http://www.rahafoundation.org/seminar/>

EFT-LIFELINE: Self of Human Workshop: Revealing and Working Through Aspects of Self of Therapist
Associated with Anti-Racism/Anti-Oppression and Liberation

March 1 & March 16, 9am-1pm (PST) Nalini Calamur, LMFT and Dr. Jay Seiff-Haron

<https://eft-lifeline.com/trainings>

NCCEFT: Attachment and Culture: Deep Roots, Courageous Conversations, and Self-Reflections

April 8-9, 9:30a-12pm (PST) Dr. Feion Villodas, Dr. Paul Guillory, Dr. Katherine McCay

<https://www.ncceft.com/Events/>

LA: Leaning Into EFT

including Jan 31st with Dr. Zoya Simakhodskaya on June 6 with Dr. Katherine McCay, 10:30am-12:00pm (PST)

<https://www.drsvinairwin.com/leaning-into-eft/2021>